

## Program Highlights

- *Public school program*
- *Designed for high school students who benefit from smaller class sizes, individualized academic attention and intensive therapeutic supports*
- *Alternative physical education option*
- *Cafeteria or classroom lunch option*
- *Combination of self-contained and mainstream classes*
- *Assistance with learning, social, behavioral and emotional challenges*
- *Individual counseling*
- *Participation in extra-curricular activities*

Each class is staffed with:

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*Highly Qualified Special Education Teacher*  
*Teacher Assistant*

Clinical interventions are provided by:

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*District Coordinator of Special Programs*  
*School Social Worker*  
*Behavioral Consultant*

**R.I.S.E.**

**A Public School Special  
Program at Pascack Hills**

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**R.I.S.E.**



**Pascack Hills High School**  
**225 West Grand Avenue**  
**Montvale, N.J. 07645**

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**A Public School Special  
Program at Pascack Hills  
High School**

## A Public School Mission

In 1997, The R.I.S.E.(Regrowth In Self-Esteem) Program was launched at Pascack Hills High School in order to meet the needs of a previously under-served student population within a comprehensive public high school.

R.I.S.E. services students in 9th-12th grades that possess high cognitive potential but have struggled to meet with academic success due to emotional fragility and benefit from small group instruction, additional academic and emotional support and oversight. The R.I.S.E. program provides a creative and flexible approach to learning without sacrificing the academic challenge needed by our students to enhance their self-worth and overall self-esteem.

The administration and staff are committed to providing a program that is therapeutic and student centered while delivering an enriched curriculum. Our goal is to enable each student to achieve academic potential and emotional health in a public school setting.

## *Academics....*

College preparatory, Grade-level instruction which is aligned to the New Jersey Core Curriculum Content Standards

Small group instruction with a low student-staff ratio

Combination of self-contained and mainstream course offerings

Alternative Physical Education and Lunch offering

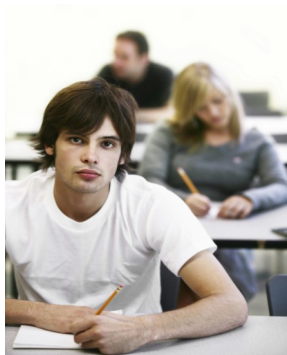
Study skills and organizational strategies

Preparation for Statewide Assessments

Technology - An eLearning School District 1:1 Laptop Program

Homework support sessions

Transition planning



## Clinical & Support Services

The R.I.S.E. program's experienced staff members work as a team to assist students in meeting both academic and emotional growth. Supports available to all R.I.S.E. students include:

Individual counseling

Structured and supervised socialization activities

Ongoing communication between school and home



Outreach and collaboration with community based mental health providers

Crisis intervention services

Ongoing communication between R.I.S.E. staff members and all mainstream teachers, PHHS guidance counselors, school nurse, student assistance counselor and members of the Child Study Team